**Families and Parenting**

**Definition of a Family:**

***Functions of Family***

* The members of a family help meet each other’s basic \_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* Families prepare children to live in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

***Family Structures:***

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Family
	+ A mother, father, and one or more children
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Family
	+ A mother OR father and one or more children
	+ One parent and that person’s children
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Family
	+ A single parent marries another person
	+ Each spouse’s children from previous marriages, as well as new children of the couple
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Family
	+ Relatives other than parents and children
	+ Grandparents, aunts, uncles, and cousins

What type of family structure are you part of? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Trends Affecting Families***

- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_:

- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_:

- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_:

- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_:

- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_:

***Building a Strong Family*The Family Life Cycle**

There are many \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_between families, but there are many \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ too. Researchers have found that families go through a series of stages called: *The Family Life Cycle*

|  |  |
| --- | --- |
| **Stage 1: Individual** |  |
| **Stage 2: Marriage** |  |
| **Stage 3: Childbearing** |  |
| **Stage 4: Parenting** |  |
| **Stage 5: Launching** |  |
| **Stage 6: Middle Years** |  |
| **Stage 7: Senior Years** |  |

Which two stages will we be studying in The Young Child?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Identify situations that can change the pattern of a family life cycle:**

**Entering the Childbearing & Parenting Stages of the Family Life Cycle**

***Parenting Readiness***

**Definition of Parenthood:**

List the 5 changes caused by parenting and give a brief explanation of each.

1.
2.
3.
4.
5.

Which change do you think is the biggest? Explain your answer.

People who are *considering* parenthood should **evaluate themselves in the following areas**:

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Responsible enough to consistently put someone else’s needs before their own
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Have sound reasons for having children
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Medical problems and age of prospective mother (under 17, over 35)
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Costs involved with having and caring for a child
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Effectively manage their resources through the following steps: set goals, identify resources, make a plan, put the plan in action, reevaluate from time to time.

***Parenting***

**Definition of Parenting:**

Requires good judgment in the following areas:

* **Know when to** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **and when to** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **off so that a child can do a task himself or herself**
* **Avoid**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **children to try activities they are not ready for**
* **Adapt** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **skills at each** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **of a child’s development**

\*\* Have reasonable \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Find a comfortable parenting style.

There are three main styles of parenting:

1.
2.
3.

Parenting Tasks:

|  |  |
| --- | --- |
| ***Meeting Children’s Needs*** |  |
| ***Nurturing*** |  |